687 Our God, Our Help in Ages Past



- 5 Time, like an ever rolling stream, bears all our years away; they fly forgotten, as a dream dies at the opening day.
- 6 Our God, our help in ages past, our hope for years to come, be thou our guard while life shall last, and our eternal home.

Many people sing this hymn unaware that it paraphrases Psalm 90, partly because this text speaks so immediately to the human condition. Since the middle of the 19th century, it has usually been joined to this tune named for the London parish where the composer was organist.

O Jesus, I Have Promised 725



Guitar chords do not correspond with keyboard harmony.

This hymn written by an Anglican clergyman for the confirmation of his children in Victorian times appears here in updated language that may help to make its challenging commitments more immediate. The tune is named for the province in Finland from which it comes.